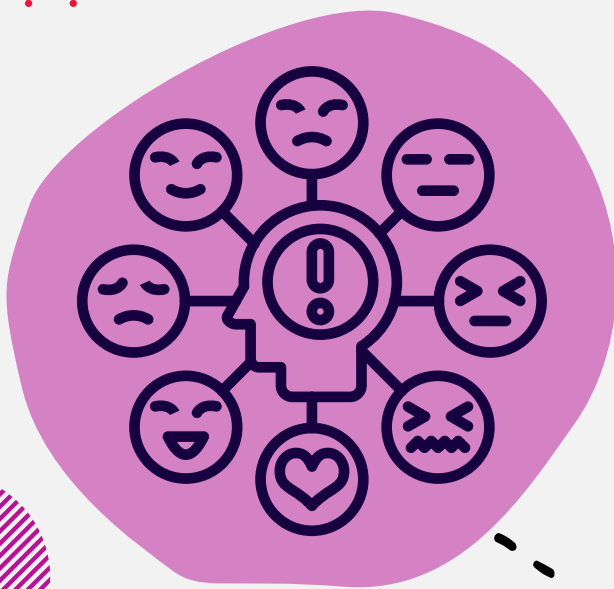


# Supporting Children Affected by Domestic Abuse

The impact of domestic abuse on children can be catastrophic, and can last into adulthood. Their experiences can alter the way that they act and respond to everyday life. Anyone working with or being around children should be aware of any changes to a child's behaviour.

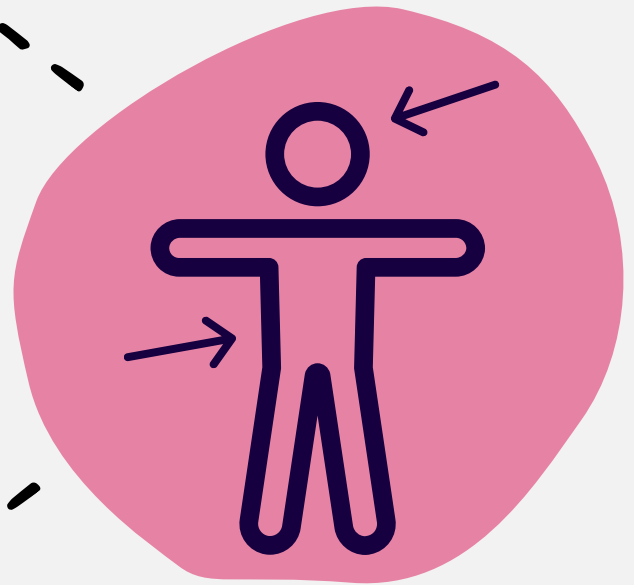


## Emotional changes

- Aggression
- Irritable
- Panic
- Regression
- Withdrawal
- Excessive crying
- Underachievement
- Self-blame and guilt

## Physical issues

- Problems sleeping
- Nightmares or flashbacks
- Tummy aches and pains
- Bedwetting
- Eating habit changes
- Headaches



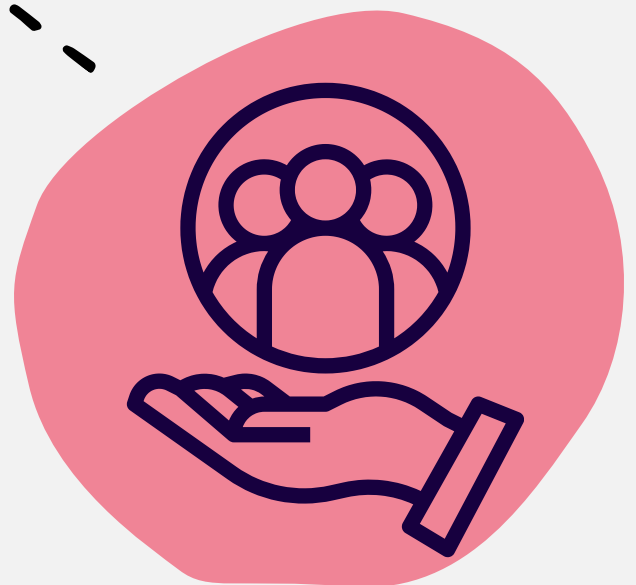
## Concerns at school

- Change in character - quiet, withdrawn
- Low attainment
- Behaviour changes
- Difficulty concentrating
- Increased absence
- Frequent lateness
- Unwillingness to go to school
- Poor peer relationships



## How can CADA help?

The CADA (children affected by domestic abuse) project provides therapeutic support for children and young people affected by domestic abuse and their non-abusive parents. Each partner involved in the project is providing vital programmes and services enable more children and young people to access support.



## Children need your help

Children can't refer themselves, so they need you to make a referral for them. Professionals, schools, social workers and support workers can refer women and children they are working with by contacting the partner organisations:



NOTTINGHAMSHIRE  
POLICE & CRIME  
COMMISSIONER

