



Person Specification

Job title: Art Therapist

Knowledge and experience You are required to have an understanding/experience of:	Essential	Desirable
MA/MSC Art Therapy/ Art Psychotherapy or equivalent	✓	
And accredited membership of relevant bodies <ul style="list-style-type: none"> • HCPC • BAAT 	✓	
Training around trauma and attachment evidence-based interventions		✓
Understanding of working with anxiety, depression, PTSD, and trauma.		✓
Training in Dyadic therapy		✓
Highly developed specialist knowledge and understanding of work procedures and practises within therapy, underpinned by theoretical knowledge.	✓	
Significant experience of working in the relevant therapy modalities with Adults, Children and Young People.	✓	
Extensive experience of working with Adults, Young People, and Children.	✓	
Experience of Dyadic therapy		✓
Experience of working within a multi-disciplinary team	✓	
Understanding of child/adult safeguarding and the legal responsibilities of the therapist	✓	
Understanding of working with outcome measures		✓

Skills and abilities You are required to:	Essential	Desirable
Understanding of working therapeutically with domestic abuse		✓
Ability to undertake and communicate complex risk assessments and develop appropriate risk management plans, including for those at high level of risk of harm to self and/or others.	✓	
Ability to provide detailed advice to other professionals and non-specialists	✓	
Advanced skills and creativity to formulate engagement and interventions	✓	
Ability to provide and receive highly complex and sensitive information using the highest level of interpersonal and communication skills in order to overcome hostile, antagonistic or highly emotive situations	✓	
Willingness to work in an innovative and creative way	✓	
Demonstrate strong written and verbal communications skills; to be able to write reports, deliver presentations, and to communicate with stakeholders in a clear and effective way	✓	

Personal qualities You are required to:	Essential	Desirable
High level of motivation	✓	
Work in a compassionate and empathic way when working with clients and their families	✓	
Ability to work within a team as well as able to work on own initiative	✓	
Be creative and enthusiastic when developing and delivering work	✓	
Good organisational skills	✓	
Ability to plan, maintain, and prioritise own workload and caseload	✓	

Other You are required to:	Essential	Desirable
Hold a full driving license and have access to a car for business purposes, with business insurance.	✓	
Have a flexible approach to work, some work can take place outside of normal office hours to meet the needs of the service and clients.	✓	
Undertake an enhanced Disclosure and Barring check (DBS).	✓	
Attend training for continued personal and professional development as and when required to meet the needs of the role.	✓	

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We strive to be an inclusive organisation that appropriately represents all the communities we serve.