



Teen Support Group Helpers

- Do you want to make a difference to children & young people?
- Do you have excellent communication skills?
- Can you work in a non judgment way, showing empathy and compassion towards a diverse client group?
- Do you have the ability to be empathic and build trusting relationships with children and young people?
- Act with integrity and respect?
- Do you have the ability to deal with unexpected challenges and stay calm in stressful situations?

We are currently looking for some support group helpers to be part of the team at NIDAS to work alongside the Teen Outreach Worker to ensure the Escape The Trap group runs smoothly. You will need a positive outlook and to be a team player.

What we are looking for is someone available on a regular basis to support with group work and general duties.

The Escape The Trap Programme is an accredited programme to help young people address the patterns of abuse and recognise signs of domestic abuse for the future. The group gives young people a safe space to explore their experiences, meet new people and increase their social network.

Beyond this will be up to you, more volunteer helpers mean we can provide more activities for families within the Mansfield and Ashfield area.

What you will be doing:

- Supporting the Teen Outreach Worker in ensuring the project runs smoothly and assisting with any duties needed
- Promote NIDAS and the Teen Outreach Project
- Assist at events, which may include serving refreshments, handling registrations, helping at a fundraising event
- Contribute ideas for fundraising, activities and potential speakers
- You may be required to support the Teen Outreach Worker with additional duties

What's in it for you:

- You'll make new friends and meet new people
- Positively affect your community as a member of a team actively working to reduce the impact of domestic abuse
- Developing valuable organisational and people skills

