



Support Group Helpers

- Can you work in a non-judgment way, showing empathy and compassion towards a diverse client group?
- Do you have excellent communication skills?
- Do you have strong computer literacy skills?
- Do you recognise your limitations and embrace strengths when working as part of a wider team?
- Can you act with integrity and respect when working with all clients, agencies and individuals?
- Can you work proactively, positively and flexibly and as part of a team?

We are currently looking for some support group helpers to be part of the team at NIDAS to work alongside the outreach workers to ensure the Freedom Programme group runs smoothly. You will need a positive outlook and to be a team player.

The minimum commitment we need is three hours a week during term times.

The Freedom Programme is an accredited programme addressing the patterns of abuse and the affects, on survivors and their children. The group gives women a safe space to explore their experiences, meet new people and increase their social network, reducing isolation.

Beyond this will be up to you, more volunteer helpers mean we can provide more activities for families within the Mansfield and Ashfield area.

What you will be doing:

- Supporting the outreach workers in ensuring the group runs smoothly and helping with setting up and clearing up after group sessions.
- Promote NIDAS and the Freedom Programme
- Assist at events, which may include serving refreshments, handling registrations, helping at a fundraising event.
- Contribute ideas for fundraising, activities and potential speakers.
- You may be required to support practitioners with admin duties within the Family Team

What's in it for you:

- You'll make new friends and meet new people.
- Developing valuable organisational and people skills
- Positively affect your community as a member of a team actively working to reduce the impact of domestic abuse.

